

MIB/EVENT/24-71

Date:- 14-06-2024

**Notice**

This is inform to all the faculty members, staff members and students of Mangalmay Institute of Engineering and Technology, Greater Noida that "Fitness Club" is organising "International Yoga Week Celebration from 15-06-2024 to 21-06-2024 as per the schedule:

Venue: Seminar Hall, Block-C.

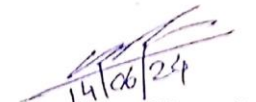
Sr. No.	Date	Name of Activity	Resource Person	Venue
1	15.06.2024	lecture on Yoga Sadhana	Dr.Ishwar Singh	Room No. 302, Block-A, 3 <sup>rd</sup> Floor
2	18.06.2024	Extempore-Yoga	Dr.Ishwar Singh/ Mr. Shivam Singh	Block-C, Seminar Hall
3	19.06.2024	Yoga Exercise & Quiz	Dr. Pragati Sinha/ Dr. Ishwar Singh	Block-C, Seminar Hall
4	20.06.2024	Importance of Yoga in life	Dr. Chetan Khemraj/ Dr. Deepak Asrani	Block-C, Seminar Hall
5	21.06.2024	Yoga Session	Ms. Anju Singh, Certified Yoga trainer, Patanjali Yoga Peeth	Block-C, Seminar Hall

All are requested to be on time.

SPOC: Dr. Ishwar Singh

Time: 09:30 AM onwards.

  
14-06-24  
Program Coordinator

  
14/06/24  
(Dr. Chetan Khemraj)  
Director, MIET

CC to:

1. Director-IQAC
2. Dean Academics
3. HOD
4. Coordinator
5. Faculty Members
6. Student Notice
7. Office File

**BANNER**



# FITNESS CLUB

Organizes

INTERNATIONAL

# YOGA



## WEEK CELEBRATIONS

15th - 21st June, 2024

Time: 09:30 AM Onwards

Venue : Seminar Hall, MIET

<b>Activity Report</b>	
<b>Academic Year</b>	<b>2023 - 2024</b>
<b>Name of Activity</b>	<b>International Yoga Week Celebration</b>
<b>Date of Activity</b>	<b>15/06/2024 to 21/06/2024</b>
<b>Organized by</b>	<b>“Fitness Club” MIET, Greater Noida</b>
<b>Resource Person</b>	<b>Dr. Chetan Khemraj, Dr. Deepak Asrani, Dr. Sanjay Pachauri, Dr. Ishwar Singh, Ms. Anju Singh (Certified Yoga Trainer, Patanjali Yoga Peeth)</b>
<b>Beneficiary</b>	<b>368: 321 Students, 25 Faculty members and 09 Staff members</b>
<b>Objective</b>	<ul style="list-style-type: none"> <li>● To foster harmony in the body, mind and environment.</li> <li>● To strengthen students physically, emotionally, socially and spiritually</li> <li>● To improve student’s respiration system strong and make them energetic.</li> </ul>
<b>Brief Report</b>	<p>Fitness Club of Mangalmay Institute of Engineering and Technology, Greater Noida is organized “International Yoga Week Celebration from 15-06-2024 to 21-06-2024 with the theme “Yoga for Self and Society”for B.Tech. students, faculty members and Staff members. To inculcate the practice of meditation in the everyday life</p> <ul style="list-style-type: none"> <li>o To enable the people experience a deep awareness about Godliness</li> <li>o To boost up ones energy, dynamism, skills and values</li> <li>o To perform and deliver selfless service to the humanity</li> </ul> <p>The program started at 09:30 am on 15<sup>th</sup> June, 2024 in the seminar hall with the welcome and presented tulsi sapling to our resource person <b>Ms. Anju Singh (Certified Yoga Trainer, Patanjali Yoga Peeth)</b> by Dr. Chetan Khemraj (Director-MIET) and addressed by Dr. Deepak Asrani (Dean Academics), Dr. Yuvraj Bhatnagar (Director IQAC), Dr. Sanjay Pachauri (HOD) &amp; Dr. Ishwar Singh coordinate the overall event.</p> <p><b>Day-1: (YAGA SADHANA)</b> On 15<sup>th</sup> June, 2024, Dr. Ishwar Singh delivered a lecture on Yoga Sadhana and motivate the students, faculty members and staff members of MIET. He suggested that Yoga is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India and aim to control (yoke) and still the, recognizing a detached witness consciousness untouched by the mind and mundane suffering.</p> <p>Regular yoga practice has been shown to improve heart health, reduce blood pressure, enhance flexibility, and increase muscular strength. It can also</p>

improve respiratory function, reduce inflammation, and improve overall mental wellbeing

to spread awareness.

**Day-2: (EXTEMPORE YOGA)** On 18<sup>th</sup> June 2024, Dr. ChatenKhemraj, Director MIET tells the importance of Extempore-Yoga. The students of the college are given training for meditation through the programme. Meditation in Action coordinated by Dr.Sanjay Pachauri-HOD-CSE and his colleague Dr.Ishwar Singh from the Department of Applied Science. This Meditation is based on the Mindfulness technique to experience self-awareness, greater focus and silence.

**Day-3:(YOGA EXERCISE AND QUIZ)** On 19<sup>th</sup> June 2024, On the third day, the resource person, Dr.PragatiSinha explained the importance of breathing techniques and demonstrated few Pranayams like AnulomVilom, Bhastrika, Shitali and Bhrahmari etc. This was followed by the meditation conducted by Dr.Ishwar Singh and take the yoga quiz examination .

**Day-4: (IMPORTANCE OF YOGA IN LIFE)** On 20<sup>th</sup> June 2024, On the fourth day, Dr.ChatnKhemraj- Director, MIET addressed the students explaining what Meditation and Action Movement was and its usefulness in one's life.

Dr. Deepak asrani-Dean Academics discussed with students and make them realize the importance of mental and spiritual health and stress free life. A few minutes of yoga during the day can be a great way to get rid of stress that accumulates daily in both the body and mind.

**Day-5: (YOGA SESSION)** On 21<sup>st</sup> June 2024, On the fifth day, Ms. Anju Singh started the session by the introduction and description on YOGA, with their importance and benefits. Club member divide the slots of the students and trainer were comfortable with the division of slots. The names of different types of Yoga Asans were performed in the event by the students, faculty members and Staff members:

- AnulomVilom, Surya Namaskar, Chakraasan
- Pranayam, Kapalbhathi, ParvatAsan

Student and Faculty members participated with full enthusiasm.

The event ended with the importance of Yoga and suggestions delivered by Dr. Sanjay Pachauri (HOD, CSE).The whole event was successfully coordinated and everybody appreciated the efforts of Department of Engineering (B.Tech.).

**Outcome**

- Students got aware about the role of yoga in day-to-day hectic life.

- Students learn different types of yoga activities and how to perform it such as Anulom- Vilom, KapalBhati, Surya Namaskar etc.

## Photographs

### DAY-1



## DAY-2



**DAY-3**

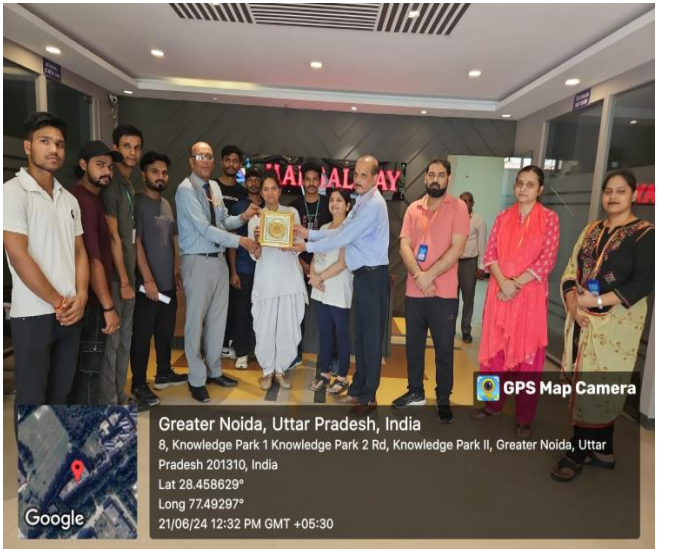
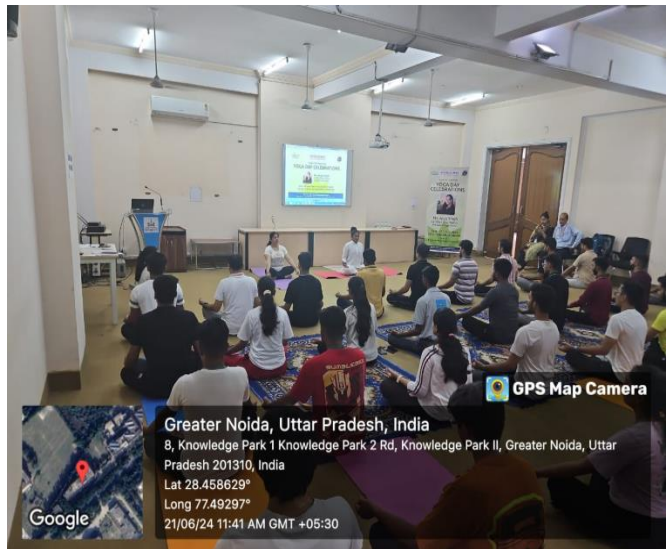


**DAY-4**





## DAY-5



Activity  
Coordinator

Director  
(MIET)

Mangalmay Institute of Engineering & Technology, Greater Noida							
Plot No.-8, Knowledge Park - II, Greater Noida-201310							
Event Name- International yoga week							
Event Date- 21/06/2024							
Venue- Block - C A-Tab Seminar hall							
Sr. No.	Name of Student	Class	Signature	Sr. No.	Name of Student	Class	Signature
1	Ashish Kumar Shrivastava	Sec-B	Ashish	41			
2	Dhruv	Sec B	Dhruv	42			
3	Abhay	Sec-B	Abhay	43			
4	Sahil Kumar	Sec B	Sahil	44			
5	Sandeep Chauhan	Sec B	Sandeep	45			
6	Chirag	Sec-B	Chirag	46			
7	Divesh Nandan	Sec B	Divesh	47			
8	Raj	Sec B.	Raj	48			
9	Khushi Chauhan	Sec-B	Khushi	49			
10	Vijet Kumar	Sec-B	Vijet	50			
11	Devgang Mishra	Sec-B	Devgang	51			
12	Gyanendra Maurya	Sec-B	Gyanendra	52			
13	Ritik Toman	Sec-B	Ritik	53			
14	Haroon Mishra	Sec-B	Haroon	54			
15	Saurabh Patel	Sec-B	Saurabh	55			
16	Vishal K. Birla	Sec-B	Vishal	56			
17	Ashu Kumar	Sec-B	Ashu	57			
18	Shivam Singh	Sec-B	Shivam	58			
19	Laxmi B. Ram Anand	Sec-B	Laxmi	59			
20	Rohan Prasad Singh	Sec-B	Rohan	60			
21	Rohit Bansal	Sec-B	Rohit	61			
22	Rishu Raj	Sec-B	Rishu	62			
23	Dhyanesh Jain	Sec-B	Dhyanesh	63			
24	Sachin Kumar	Sec-B	Sachin	64			
25	Omprakash Mishra	Sec-B	Omprakash	65			
26	Abjeet Gupta	Sec B	Abjeet	66			
27	Anurag Mishra	Sec B	Anurag	67			
28	Ashu Kumar	Sec-B	Ashu	68			
29	Manjeet Sharma	Sec-B	Manjeet	69			
30	Krishan Kr.	Sec-B	Krishan	70			
31	Risabh Sengar	Sec B	Risabh	71			
32	Devesh	Sec-B	Devesh	72			
33	Harsh Singh	Sec B	Harsh	73			
34	Pudya Gupta	Sec-B	Pudya	74			
35	Dev Sharma	Sec-B	Dev	75			
36	Daruni Jankar	Sec-B	Daruni	76			
37	Ritik Bhardi	Sec-B	Ritik	77			
38	Ritik Soodia	Sec-B	Ritik	78			
39	Raj Chauhan	Sec-B	Raj	79			
40	Shubh	Sec B	Shubh	80			

Day - 5 - 15

(8) Day - 5-0

Mangalmay Institute of Engineering & Technology, Greater Noida							
Plot No.-8, Knowledge Park - II, Greater Noida-201310							
Event Name- International yoga week (Yoga session)							
Event Date- 21/06/2024							
Venue- Block - C Seminar Hall							
Sr. No.	Name of Student	Class	Signature	Sr. No.	Name of Student	Class	Signature
1	Shivi Rathore	(A) B.Tech	[Signature]	41	Sumit Kaur	A	Sumit
2	Jyoti Dhaka	(A) B.Tech	[Signature]	42	Aman Kumar	A	Aman
3	Bhanti	(A) B.Tech	[Signature]	43	Bibin Biju	A	Bibin
4	Preeti Maurya	(A) B.Tech	[Signature]	44	Alor	A	Alor
5	Mehima Chauhan	(A) B.Tech	[Signature]	45	Nikhil Raj	A	Nikhil
6	Kausthika Ojha	(A) B.Tech	[Signature]	46	Abhinav	A	Abhinav
7	Vm. Saumya Gupta	(A) B.Tech	[Signature]	47	Nutan	A	Nutan
8	Anushka	(A) B.Tech	[Signature]	48	Azeez Khan	A	Azeez
9	Nikky	(A) B.Tech	[Signature]	49	Aditya . S	A	Aditya
10	Atul Kumar	(A) B.Tech	[Signature]	50	Abhishek	A	Abhishek
11	Mad. Ayan	(A) B.Tech	[Signature]	51	Vivek Kumar	A	Vivek
12	Ajay Kumar	(A) B.Tech	[Signature]	52			
13	Anjali Singh	(A) B.Tech	[Signature]	53			
14	Bhanu Prakash Singh	(A) B.Tech	[Signature]	54			
15	Naveen Kumar	(A) B.Tech	[Signature]	55			
16	Manank Yadav	(A) B.Tech	[Signature]	56			
17	Hridi Sanki	(A) B.Tech	[Signature]	57			
18	Aniket	(A) B.Tech	[Signature]	58			
19	Pooja Singh	(A) B.Tech	[Signature]	59			
20	Abdul Danish	(A) B.Tech	[Signature]	60			
21	Adarsh	(A) B.Tech	[Signature]	61			
22	Nikhil	(A) B.Tech	[Signature]	62			
23	Prince Patel	(A) B.Tech	[Signature]	63			
24	Katiani Shubh	(A) B.Tech	[Signature]	64			
25	Ayush Pandey	(A) B.Tech	[Signature]	65			
26	Mohit Singh	(A) B.Tech	[Signature]	66			
27	Ayush Singh	(A) B.Tech	[Signature]	67			
28	Ravishankar Mandal	(A) B.Tech	[Signature]	68			
29	Ayush K. Dubey	(A) B.Tech	[Signature]	69			
30	Ayush Dixit	(A) B.Tech	[Signature]	70			
31	Ashwin Sethi	"	[Signature]	71			
32	Anjali	"	[Signature]	72			
33	Shruti	"	[Signature]	73			
34	Pranjal	"	[Signature]	74			
35	Rajen Ranjan	"	[Signature]	75			
36	Sumit	"	[Signature]	76			
37	Aman Singh	"	[Signature]	77			
38	Anjali	"	[Signature]	78			
39	Ajeet	"	[Signature]	79			
40	Akshay	"	[Signature]	80			

Day - 4 (M)

**Mangalmay Institute of Engineering & Technology, Greater Noida**  
Plot No.-8, Knowledge Park - II, Greater Noida-201310

Event Name- International yoga week (Importance of yoga in life)

Event Date- 20/06/2014

Venue- Block-C Seminars hall

Sr. No.	Name of Student	Class	Signature	Sr. No.	Name of Student	Class	Signature
1	Vishnu Mishra	B.Tech (D)	Mishra	41			
2	Rahul Thakur	B.Tech (B)	Rahul	42			
3	Shreyanshu Kumar	B.Tech (D)	S	43			
4	Abhinav K. Gupta	B.Tech (D)	Abhi	44			
5	Harshit Tiwari	B.Tech (A)	H	45			
6	Ritesh Pathak	B.Tech (A)	Ritesh	46			
7	ISHANT	B.Tech	Isht	47			
8	Shivam Saxena	B.Tech	Saxena	48			
9	Rishabh Tiwari	B.Tech (C)	Rishabh	49			
10	Samya Raj	B.Tech (C)	S	50			
11	Shivang Srivastava	B.Tech	Shivang	51			
12	Sushma Kumari	B.Tech	Sush	52			
13	Prince Sharma	B.Tech	Prince	53			
14	Satnam Yadav	B.Tech	Satnam	54			
15	Pulkit Koushik	B.Tech	Pulkit	55			
16	Anshika Jindal	B.Tech	Anshika	56			
17	Ashish Jaiswal	B.Tech	Ashish	57			
18	Shivam Gaur	B.Tech	Shivam	58			
19	Aditya Sharma	B.Tech	Aditya	59			
20	MOHID TOUFIK	B.Tech	Toufik	60			
21	Shriyash Jindal	B.Tech	Shriyash	61			
22	Shashank	B.Tech	Shashank	62			
23	Manchhatra	B.Tech	Manchhatra	63			
24	KULJEET	B.TECH	Kuljeet	64			
25	Prince Kumar	B.TECH	Prince	65			
26	Prityanshu	B.Tech	Prityanshu	66			
27	Tanuj Yadav	B.Tech	Tanuj	67			
28	Prince Manu	B.Tech	Prince	68			
29	Ravindra Kumar	B.Tech	Ravindra	69			
30	Talib H. Sharma	B.Tech (A)	Talib	70			
31	Nedra Pathina	B.Tech (A)	Nedra	71			
32	Ashar Singh	B.Tech (A)	Ashar	72			
33	Rohan Yadav	B.Tech	Rohan	73			
34	Prityanshu Rai	B.Tech	Prityanshu	74			
35				75			
36				76			
37				77			
38				78			
39				79			
40				80			

Day - 9 (15)

Mangalmay Institute of Engineering & Technology, Greater Noida			
Plot No.-8, Knowledge Park - II, Greater Noida-201310			
Event Name- International Yoga week (Importance of Yoga in life)			
Event Date- 20/06/2024			
Venue- Block - C - Seminar Hall			
Sr. No.	Name of Student	Class	Signature
1	Aagam Verma	B.Tech 1st Ind	
2	Deebanshu Kumar	B.Tech 1st Ind	
3	Gaurav Singh	B.Tech 1st Ind	
4	Gaurav	B.Tech 1st Ind	
5	Ayush Nagan	B.Tech 1st Ind	
6	Dheev Tildari	B.Tech 1st Ind	
7	Himanshu Gangwar	B.Tech 1st Ind	
8	Shiva Garg	B.Tech 1st Ind	
9	Raj Singh	B.Tech 1st Ind	
10	ROPIAN SAPRA	B.Tech 1st Ind	
11	Krishna Kant	B.Tech 1st Ind	
12	Vishal sagar	B.Tech 1st Ind	
13	Prince, Mr. Maulk	B.Tech 1st Ind	
14	Gujal Barnwal	B.Tech 1st Ind	
15	Anushka Sharma	B.Tech 1st Ind	
16	Mayank chauhan	B.Tech 1st Ind	
17	Kejral Raghav	B.Tech 1st Ind	
18	Vishal	B.Tech 1st Ind	
19	nishant Yadav	B.Tech 1st Ind	
20	YASH Dubey	B.Tech 1st Ind	
21	Aditya yadav	B.Tech 1st Ind	
22	Disha	B.Tech 1st Ind	
23	Himanshu	B.Tech 1st Ind	
24	Varsha Sirohi	B.Tech 1st Ind	
25	Kasak Raena	B.Tech 1st Ind	
26	kishan kishan	B.Tech 1st Ind	
27	Rupesh Sharma	B.Tech 1st Ind	
28	Azhan	B.Tech 1st Ind	
29			
30			

Day-3 (11)

Mangalmay Institute of Engineering & Technology, Greater Noida			
Plot No.-8, Knowledge Park - II, Greater Noida-201310			
Event Name- International Yoga Week (Yoga exercises & Dishes)			
Event Date- 19/06/2024			
Venue- Block-C, Seminar Hall			
Sr. No.	Name of Student	Class	Signature
1	Rohan Yadav	B.Tech 2 <sup>nd</sup> year (2)	Rohan
2	Priyanshu Rai	B.Tech/1 <sup>st</sup> year	Priyanshu Rai
3	Neda Fatima	B.Tech/1 <sup>st</sup> year	Neda
4	Usha Singh	B.Tech/1 <sup>st</sup> year	Usha Singh
5	Tanvi Sharma	B.Tech/1 <sup>st</sup> year	Tanvi
6	Ravindra Kumar	B.Tech/1 <sup>st</sup> year	Ravindra
7	Prince Maurya	B.Tech/1 <sup>st</sup> year	Prince
8	Priyanshu	B.Tech/1 <sup>st</sup> year	Priyanshu
9	Tanvi Yadav	B.Tech/1 <sup>st</sup> year	Tanvi
10	Prince Kumar Padil	B.Tech/1 <sup>st</sup> year	Prince
11	KULJEET	B.TECH/1 <sup>st</sup> yr.	Kuljeet.
12	Shashank	B.Tech/1 <sup>st</sup> yr.	Shashank
13	Manchhatra Singh	B.Tech/1 <sup>st</sup> yr.	Manchhatra
14	MOHD - TOUFIK	B.Tech/1 <sup>st</sup> yr.	Toufik
15	Aditya Sharma	B.Tech/1 <sup>st</sup> year	Aditya
16	Ashish Pandey	B.Tech/1 <sup>st</sup> yr.	Ashish
17	Ashish Jaiswal	B.Tech I <sup>st</sup>	Ashish
18	Shivam Graw	B.Tech I <sup>st</sup>	Shivam
19	Shivansh Pandey	B.Tech I <sup>st</sup>	Shivansh
20	Sushma Kumari	B.Tech/1 <sup>st</sup>	Sushma
21	Satyam Yadav	B.Tech/1 <sup>st</sup>	Satyam
22	Prince Sharma	B.Tech 1 <sup>st</sup>	Prince
23	Anshika Sindal	B.Tech 1 <sup>st</sup>	Anshika
24	Pankit Kausik	B.Tech 1 <sup>st</sup>	Pankit
25	Shivam Srivastava	B.Tech 1 <sup>st</sup>	Shivam
26	Somya Raut	B.Tech 1 <sup>st</sup>	Somya
27	Rishabh Tiwari	B.Tech/1 <sup>st</sup> yr.	Rishabh
28	Shivam Saxena	B.Tech/1 <sup>st</sup> yr.	Shivam
29	ISHANT	B.Tech/1 <sup>st</sup> yr.	ISHANT
30	Ritesh Pathak	B.Tech/1 <sup>st</sup> yr.	Ritesh

Day-3 (1)

Mangalmay Institute of Engineering & Technology, Greater Noida			
Plot No.-8, Knowledge Park - II, Greater Noida-201310			
Event Name- International Yoga Week (Yoga Exercise) (Quiz)			
Event Date- 19/06/2024			
Venue- Block-C, Seminar Hall			
Sr. No.	Name of Student	Class	Signature
1	VISHNU MISHRA	B. Tech (DS)	Mishra Vishnu
2	Shreeyann Kumar	B. Tech (DS)	Shreeyann
3	Rahul Thakur	B. Tech (DS)	Rahul
4	Abhinav K. Gupta	B. Tech (D.S)	Abhi.
5	Harshit Tiwari	B. Tech (DS)	Harshit
6	Ritesh Pathak	B. Tech (DS)	Ritesh
7	Shivam Saxena	B. Tech (CS)	Shivam
8	ISHANT	B. Tech (CS)	Isht
9	Rishabh Tiwari	B. Tech (CSE)	Rishabh Tiwari
10	SOMYA RAJ	B. Tech (CSE)	Somya
11	Shivang Srivastava	B. Tech (CSE)	Shivang
12	Sushma Kumari	B. Tech (CSE)	Sushma
13	Shivakant Pandey	B. Tech (CSE)	Shivakant
14	Satyam Yadav	B. Tech (DS)	Satyam
15	Priya Sharma	B. Tech (CSE)	Priya
16	Pulkit Kaushik	B. Tech (CSE)	Pulkit
17	Anshika Jindal	B. Tech (DS)	Anshika
18	MOHD. TOUFIK	B. Tech (DS)	Toufik
19	Aditya Sharma	B. Tech (DS)	Aditya
20	Shreyash Pandey	" (CS)	Shreyash
21	Ashish Jaiswal	B. Tech (DS)	Ashish
22	Shivam Gaur	B. Tech (DS)	Shivam
23	Shashank	B. Tech (CS)	Shashank
24	Manchhatra Singh	B. Tech (DS)	Manchhatra
25	KULJEET	B. TECH (CSE)	Kuljeet
26	Prince Kumar Padit	B. Tech (CSE)	Prince Kumar
27	Siya Sharma	B. Tech (DS)	Siya
28	Tanuj Yadav	B. Tech (CS)	Tanuj
29	Prityanshu	B. Tech (C.S)	Prityanshu
30			

Day - 2 (3)

Mangalmay Institute of Engineering & Technology, Greater Noida			
Plot No.-8, Knowledge Park - II, Greater Noida-201310			
Event Name- International yoga week (Ext ampore)			
Event Date- 18/06/2024			
Venue- Block - C seminar Hall			
Sr. No.	Name of Student	Class	Signature
1	Alina Ali	B.tech(sec-B)	Alina
2	Shivani sharma	"	Shivani
3	Dhruv	"	Dhruv
4	Priya Mishra	"	Priya
5	Khushi Yadav	"	Khushi
6	Manjeet	"	Manjeet
7	Sakshi Shakshi Pandey	"	SS
8	Damini Tomar	"	Damini
9	Anurag Mishra	"	Anurag
10	Ritik Shishodia	"	Ritik
11	Dev Sharma	"	Dev Sharma
12	Divyansh Jain	"	Divyansh
13	Sachin Kumar	"	Sachin
14	Sanchit Pandey	"	Sanchit Pandey
15	Amit Kumar	"	Amit Kumar
16	Krishn Kumar	"	Krishn Kumar
17	Ashutosh Singh	"	Ashutosh
18	Divakar Prajapati	"	Divakar Prajapati
19	Vishal kr. Bind	"	Vishal Bind
20	Kaushal Rai	"	Kaushal Rai
21	Ayush Chauhan	"	Ayush Chauhan
22	Jaydeep kumar	"	Jaydeep
23	Sushil	"	Sushil
24	Himanshu Raj	"	Himanshu
25	Sachin Gupta	"	Sachin Gupta
26	Abhishek Gupta	"	Abhishek
27	Abhay Gupta	"	Abhay
28	Aman kr Mishra	"	Aman
29	Ashu kr	"	Ashu
30	Manjeet Sharma	"	Manjeet

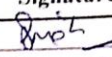
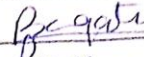
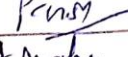
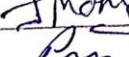

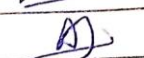


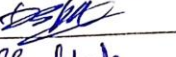
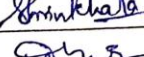
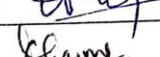
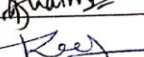
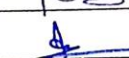
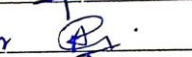


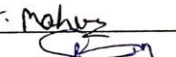
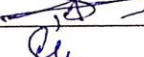
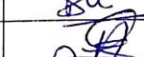
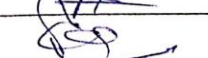
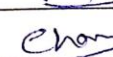
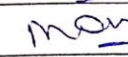
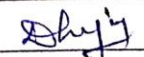





Day - I

Mangalmay Institute of Engineering & Technology, Greater Noida			
Plot No.-8, Knowledge Park - II, Greater Noida-201310			
Event Name- International yoga week			
Event Date- 15/06/2024			
Venue- Room no-302, Block A, 3 <sup>rd</sup> floor			
Sr. No.	Name of Student	Class	Signature
1	Katyani Shukla	B.Tech 1 <sup>st</sup> yr (A)	[Signature]
2	Prince Patel	B.Tech 1 <sup>st</sup> yr (A)	Prince Patel
3	Nikhil Kumar	B.Tech 1 <sup>st</sup> yr (A)	Nikhil Kumar
4	Adeesh	B.Tech 1 <sup>st</sup> yr (A)	Adeesh
5	Abdul Danish	B.Tech 1 <sup>st</sup> yr	[Signature]
6	Pratyush Singh	B.Tech 1 <sup>st</sup> yr	Pratyush Singh
7	Shikha	B.Tech 1 <sup>st</sup> yr	[Signature]
8	Mohd Sami	B.Tech 1 <sup>st</sup> yr	Sami
9	Mayank Yadav	B.Tech 1 <sup>st</sup> yr	Mayank
10	Ajay Kumar	B.Tech 1 <sup>st</sup> yr	Ajay
11	Anjali Singh-II	B.Tech 1 <sup>st</sup> yr	Anjali
12	Atul Kumar	B.Tech 1 <sup>st</sup> yr	[Signature]
13	Md. Ayan	B.Tech 1 <sup>st</sup> yr	Ayan
14	Darshan Kumar	B.Tech 1 <sup>st</sup> yr	[Signature]
15	Bhane Pratap Singh	B.Tech 1 <sup>st</sup> yr	[Signature]
16	NIKKI BHARTI	B.Tech 1 <sup>st</sup> yr	Nikki
17	Anushka	B.Tech 1 <sup>st</sup> yr	Anushka
18	Saumya	B.Tech 1 <sup>st</sup> yr	Saumya
19	Ayush Kumar Dubey	B.Tech 1 <sup>st</sup> yr	Ayush
20	Gaurav Mandal	B.Tech 1 <sup>st</sup> yr	Gaurav
21	Mahima Chauhan	B.Tech 1 <sup>st</sup> yr	Mahima Chauhan
22	Kshitika Ojha	B.Tech 1 <sup>st</sup> yr	Kshitika
23	Shivi Rathore	B.Tech 1 <sup>st</sup> yr	Shivi
24	Jyoti Dhaka	B.Tech 1 <sup>st</sup> yr	Jyoti
25	Bharti	B.Tech 1 <sup>st</sup> yr	Bharti
26	Preeti Maurya	B.Tech 1 <sup>st</sup> yr	Preeti
27	Ayush Dixit	B.Tech 1 <sup>st</sup> yr	Ayush
28	Rajeev Ranjan	B.Tech 1 <sup>st</sup> yr	Rajeev
29	Anjali Singh	B.Tech 1 <sup>st</sup> yr	Anjali
30	Mohit Singh	B.Tech 1 <sup>st</sup> yr	Mohit

Mangalmay Institute of Engineering & Technology, Greater Noida							
Plot No.-8, Knowledge Park - II, Greater Noida-201310							
Event Name- International yoga week							
Event Date- 21/06/2024							
Venue- Block-C Seminar Hall							
Sr. No.	Name of Student	Class	Signature	Sr. No.	Name of Student	Class	Signature
1	Agam Verma	B.Tech 1 <sup>st</sup> 2 <sup>nd</sup>	Agam	41			
2	Deepanshu Kumar	B.Tech 1 <sup>st</sup> 2 <sup>nd</sup>	Deepanshu	42			
3	Gaurav Singh	B.Tech 1 <sup>st</sup> 2 <sup>nd</sup>	Gaurav	43			
4	Gaurav	B.Tech 1 <sup>st</sup> 2 <sup>nd</sup>	Gaurav	44			
5	Ayush Nagay	B.Tech 1 <sup>st</sup> 2 <sup>nd</sup>	Ayush	45			
6	Dhruv Tiwari	B.Tech 1 <sup>st</sup> 2 <sup>nd</sup>	Dhruv	46			
7	Himanshu Gangwar	B.Tech 1 <sup>st</sup>	Himanshu	47			
8	Shiva Gang	B.Tech 1 <sup>st</sup>	Shiva	48			
9	ROMAN SAPRA	B.Tech 1 <sup>st</sup>	Rohan	49			
10	Krishna Kant	B.Tech 1 <sup>st</sup>	CK	50			
11	Vishal sagan	B.Tech 1 <sup>st</sup>	Vishal	51			
12	Payal Yadav	B.Tech 1 <sup>st</sup>	Payal	52			
13	Pratik, son. Manish	B.Tech 1 <sup>st</sup>	Pratik	53			
14	Syad Barmanad	B.Tech 1 <sup>st</sup>	Syad	54			
15	Anushka Sharma	B.Tech 1 <sup>st</sup>	Anushka	55			
16	MananK chauhan	B.Tech 1 <sup>st</sup>	Manan	56			
17	Kartik Raghav	B.Tech 1 <sup>st</sup>	Kartik	57			
18	Vishal	B.Tech 1 <sup>st</sup>	Vishal	58			
19	Nishant Yadav	B.Tech	Nishant	59			
20	Yash Dubey	B.Tech	Yash	60			
21	Aditya yadav	B.Tech	Aditya	61			
22	Disha	B.Tech (I)	Disha	62			
23	Himanshu	B.Tech 1 <sup>st</sup>	Himanshu	63			
24	Vansha Sirdar	B.Tech 1 <sup>st</sup>	Vansha	64			
25	Kanak Raina	B.Tech 1 <sup>st</sup>	Kanak	65			
26	Kishan ka Jha	B.Tech 1 <sup>st</sup>	Kishan	66			
27	Rubesh Sharma	B.Tech 1 <sup>st</sup>	Rubesh	67			
28	Azhar	B.Tech 1 <sup>st</sup>	Azhar	68			
29				69			
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MANGALMAY INSTITUTE OF ENGINEERING & TECHNOLOGY, GREATER NOIDA			
PLOT No. 8, KNOWLEDGE PARK - II, GREATER NOIDA			
Event Name - International yoga week			
Attendance Sheet			
S.No.	Name of Faculty	Designation	Signature
1	Dr. Ichwar Singh	Associate Professor	
2	Dr. Pragati	Associate Prof.	
3	Dr. Badarup Kumar	Associate Prof.	
4	Tyoti Mahur	Assistant Professor	
5	Prashant	Asst. Prof.	
6	Latima Singh	Asst. Professor	
7	Dr. APARNA	Asst. Professor	
8	Anuj Kumar	A.P.	
9	Sanjay Rawat	A.P.	
10	Dr. Dharam Singh	Associate Prof.	
11	Srinikshala Maddhesia	Assistant Prof.	
12	Ms. Anurag Singh Yadav	Tech. Associate	
13	Geeta Sharma	Assistant Professor	
14	Rashmi Richhariya	Assistant Professor	
15	KM TKRA	Assistant Professor	
16	Ms. Ayushi Gupta	Assistant Professor	
17	Ms. Monika Maun	Assistant Professor	
18	Dr. Anamika Samant	Associate Professor	
19	Tyoti Mahur	Assistant Professor	
20	Dr. Sanjay Pachanni	Professor & Head.	
21	Ms. Rachna Sharma	Assistant Professor	
22	Mr. Amit Kr. Mourya	Asst. Prof.	
23	Dr. Amit Bhal	Assoc. Professor	
24	Ms. Chandini	Asst. Prof.	
25	Ms. Monika	Asst. Prof.	
26	Mr. Dhananjay Singh	Asst. Prof.	
27			
28			